

Menu Planning Guidelines

Troop 728 goes camping once a month and each patrol is responsible for a snack meal on Friday evening, 3 meals they will eat on Saturday (breakfast, lunch, dinner), and 1 continental breakfast on Sunday. The patrol will assign the responsibility of organizing the purchase of the food to one of the scouts, a few scouts, or all of the scouts. This person is called the grubmaster. The following guidelines should help you understand these duties and assist your Scout in completing the job:

The Grubmaster should come home from the Troop meeting with:

- a menu
- a shopping list
- an ice pack for the refrigerated items (must be picked up Wednesday before the trip in the scout room)

The Grubmaster should get a final number of Scouts attending from his patrol by Wednesday evening from his Patrol Leader. If the Patrol Leader does not tell him, he should ask or call the Patrol Leader. In the event that a Scout's attendance is tentative the final decision must be made a short while before going shopping for food because the number of attendees will change the amount of food to buy.

Review the menu and shopping list with your Scout.

Take your Scout shopping and let him do the shopping. Your job is to advise him, NOT shop for him. He has a budget of \$10 per scout for the weekend to spend on food. Help him stay within his budget. He may need to choose a store brand over a name brand or eliminate something extra from the list. This will prevent the purchase of frivolous items such as candy bars, extra chips, snacks, etc. Please use your judgment and help your Scout shop wisely.

We practice the methods of "[Leave No Trace](#)" so please follow the guidelines below with your scout.

- Consider seasoning any meat at home and freeze the ice pack and meat overnight. Then package it in small material cooler or large Ziploc bag.
- Remove all food from any cardboard packaging and recycle the boxes at home.
- Do not bring any extra food. Store it at home for the next trip. IE, purchased 6 bagels but only need three then leave three at home and eat them at another time.

On Friday evening, please arrive early and bring the food to the Good Shepherd Gym. If you provided any money to cover a Scout's food fee make sure to get reimbursed by that scout before departing on the trip. You can speak to the Senior Patrol Leader to facilitate.

This is requirement number 4 for the First Class Rank. You can find more information in the Scout Handbook.

Thank you for helping your Scout. This process is a good lesson on shopping, planning, and staying within a budget - a life lesson that everyone must learn at some time.
